



September 2019

Lafayette Boys Basketball

(Subject to Change)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Labor Day/No School	3 Weights 3:20	4 Weights 3:20	5 Gym Workout 3:20	6	7
8	9 Weights 3:20	10 Weights 3:20	11 Open Gym 4:45-6:00	12 Weights 3:20	13	14
15	16 Weights 3:20 *Shoes/Gear Order Day- 3:17 Commons	17 Gym Workout 3:20	18 Open Gym 7:15- 8:15	19 Weights 3:20	20	21
22	23 Weights 3:20	24 Gym Workout 3:20	25 Weights 3:20 Parent Teacher Conferences	26 Weights 3:20	27	28
29	30 Weights 3:20					29

It is recommended varsity players attend all fall workouts, unless prior notice is given to the coaching staff.

“Players are made in the off-season”